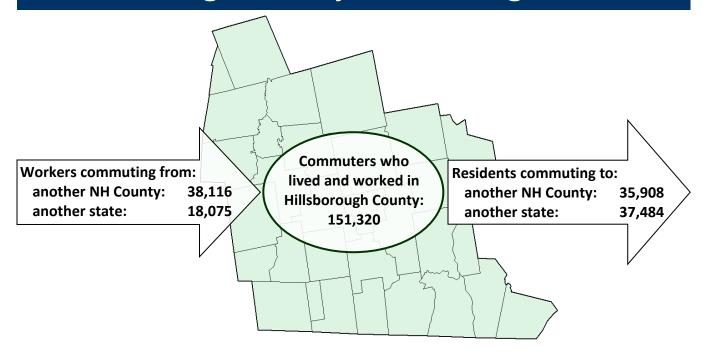
Hillsborough County Commuting Patterns



Working in Hillsborough County

- An average of 207,511 commuters of age 16 and over traveled to work in Hillsborough County.
- Among all workers who traveled to a job in Hillsborough County, 72.9 percent (151,320) also lived in Hillsborough County, 18.4 percent (38,116) lived in another New Hampshire county, and 8.7 percent (18,075) lived out of state.
- Of the workers who commuted into Hillsborough County from another New Hampshire county. 49.6 percent lived in Rockingham County and 35.4 percent lived in Merrimack County.
- Of those workers who commuted into Hillsborough County from out of state, 90.4 percent lived in Massachusetts.

Residents of Hillsborough County

- An average of 224,712 Hillsborough County residents of age 16 and over commuted to work.
- Among Hillsborough County's working residents, 67.3 percent (151,320) commuted to a job in Hillsborough County, 16.0 percent (35,908) commuted to another New Hampshire county, and 16.7 percent (37,484) commuted out of state.
- Among the Hillsborough County residents who traveled to another New Hampshire county for work, 49.1 percent commuted to Rockingham County and 38.7 percent commuted to Merrimack County.
- Of the 37,484 Hillsborough County residents who traveled out of state for work,
 94.8 percent commuted to Massachusetts.

Where Hillsborough County Workers Live

Commuters traveling to work in	
Hillsborough County	207,511
Commuters who work and live in	
Hillsborough County	151,320
Hillsborough County workers commuting	
from residences outside the county:	56,191
In other New Hampshire counties	
Belknap County	1,085
Carroll County	279
Cheshire County	2,537
Coös County	22
Grafton County	334
Merrimack County	13,488
Rockingham County	18,889
Strafford County	1,218
Sullivan County	264
In other states	
Connecticut	95
Maine	552
Massachusetts	16,348
New York	140
Rhode Island	165
Vermont	196
Other US states	579

Where Hillsborough County Residents Work

Hillsborough County residents	
commuting to work	224,712
Commuters who live and work in	
Hillsborough County	151,320
Residents commuting to work out of	
Hillsborough County:	73,392
To other New Hampshire Counties	
Belknap County	718
Carroll County	118
Cheshire County	2,057
Coös County	12
Grafton County	509
Merrimack County	13,898
Rockingham County	17,625
Strafford County	844
Sullivan County	127
To other states	
Connecticut	160
Maine	342
Massachusetts	35,535
New York	293
Rhode Island	112
Vermont	169
Other US states	804
To other countries/at sea	69

Travel Time to Work

Workers 16 years and older who did not work at home

Mean Travel Time to Work: 28.0 minutes



About the American Community Survey

The American Community Survey (ACS) is an ongoing survey conducted by the US Census Bureau, designed to provide more current data than available through a decennial Census. Commuting data were compiled from ACS survey responses gathered over a five-year period, from 2016 to 2020. Respondents were asked if they worked, where they worked, and how long it usually took for them to go from home to work, among other questions.

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