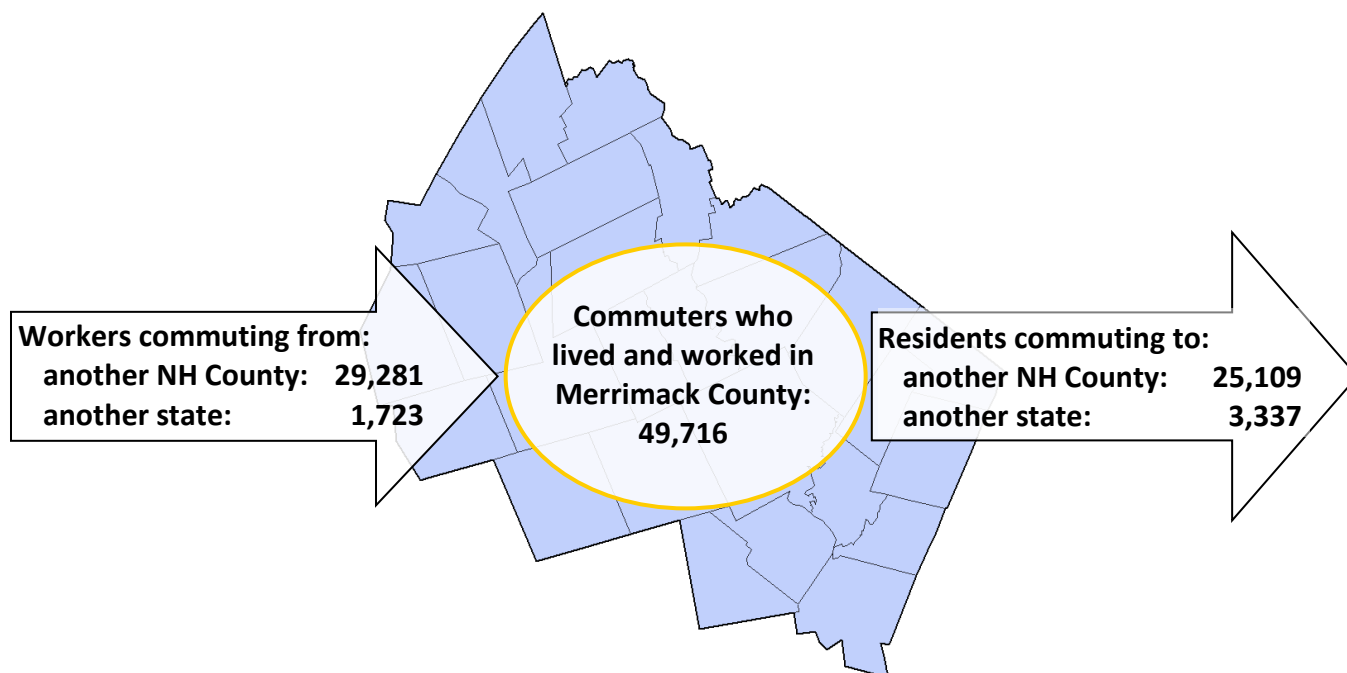


# Merrimack County Commuting Patterns



## Working in Merrimack County

- An average of 80,720 commuters of age 16 and over traveled to work in Merrimack County.
- Among all workers who traveled to a job in Merrimack County, 61.6 percent (49,716) also lived in Merrimack County, while 36.3 percent (29,281) lived in another New Hampshire county, and 2.1 percent (1,723) lived out of state.
- Of the workers who commuted into Merrimack County from another New Hampshire county, 47.5 percent lived in Hillsborough County, 20.0 percent lived in Belknap County, and 16.6 percent lived in Rockingham County.
- Of the 1,723 workers who commuted into Merrimack County from out-of-state, 53.7 percent lived in Massachusetts and 16.0 percent lived in Maine.

## Residents of Merrimack County

- An average of 78,162 Merrimack County residents of age 16 and over commuted to work.
- Among Merrimack County's working residents, 63.6 percent (49,716) commuted to a job in Merrimack County, 32.1 percent (25,109) commuted to another New Hampshire county, and 4.3 percent (3,337) commuted out of state.
- Among Merrimack County residents who traveled to another New Hampshire county for work, 53.7 percent commuted to Hillsborough County, 16.5 percent commuted to Rockingham County, and 14.0 percent commuted to Belknap County.
- Of the 3,337 Merrimack County residents who traveled out of state for work, 69.6 percent commuted to Massachusetts.

## Where Merrimack County Workers Live

Total commuters traveling to work in Merrimack County	80,720
Commuters who work and live in Merrimack County	49,716
Merrimack County workers commuting from residences outside the county:	31,004
Other New Hampshire counties	
Belknap County	5,856
Carroll County	571
Cheshire County	204
Coös County	102
Grafton County	1,286
Hillsborough County	13,898
Rockingham County	4,872
Strafford County	1,251
Sullivan County	1,232
Other states	
Connecticut	37
Maine	275
Massachusetts	926
New York	206
Rhode Island	8
Vermont	165
Other US states	106

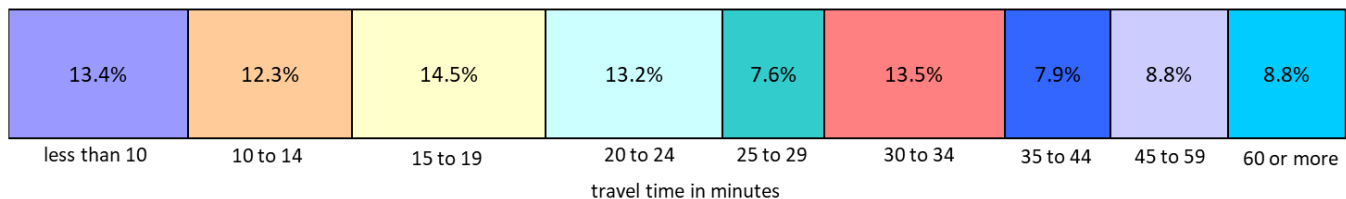
## Where Merrimack County Residents Work

Merrimack County residents commuting to work	78,162
Residents commuting to work in Merrimack County	49,716
Residents commuting to work out of Merrimack County:	28,446
To other New Hampshire Counties:	
Belknap County	3,510
Carroll County	88
Cheshire County	194
Coös County	12
Grafton County	2,107
Hillsborough County	13,488
Rockingham County	4,138
Strafford County	666
Sullivan County	906
To other States:	
Connecticut	5
Maine	121
Massachusetts	2,323
New York	82
Rhode Island	21
Vermont	281
Other US States	489
To other countries/at sea	15

## Travel Time to Work

Mean Travel Time to Work: 27.1 minutes

Workers 16 years and older who did not work at home



### About the American Community Survey

The American Community Survey (ACS) is an ongoing survey conducted by the US Census Bureau, designed to provide more current data than available through a decennial Census. Commuting data were compiled from ACS survey responses gathered over a five-year period, from 2016 to 2020. Respondents were asked if they worked, where they worked, and how long it usually took for them to go from home to work, among other questions.

**Prepared by:** Economic and Labor Market Information Bureau, New Hampshire Employment Security  
Concord, New Hampshire 03301 • [elmi@nhes.nh.gov](mailto:elmi@nhes.nh.gov)