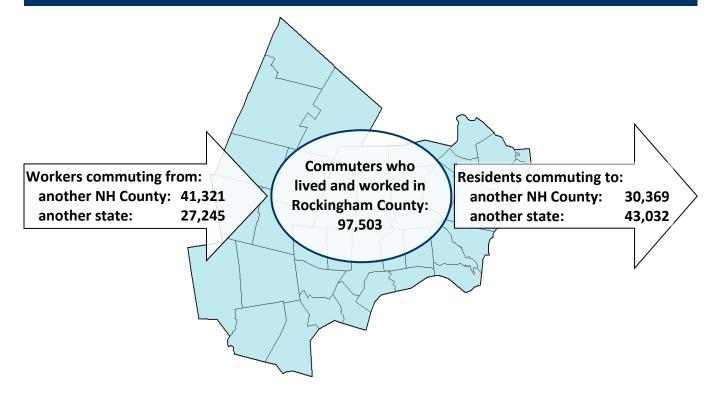
Rockingham County Commuting Patterns



Working in Rockingham County

- An average of 166,069 commuters of age 16 and over traveled to work in Rockingham County.
- Among all workers who traveled to a job in Rockingham County, 58.7 percent (97,503) also lived in Rockingham County, while 24.9 percent (41,321) lived in another New Hampshire county, and 16.4 percent (27,245) lived out of state.
- Of the workers who commuted into Rockingham County from another New Hampshire county, 43.0 percent lived in Strafford County and 42.7 percent lived in Hillsborough County.
- Of the 27,245 workers who commuted into Rockingham County from another state, 95.6 percent lived in either Massachusetts (67.3 percent) or Maine (28.3 percent).

Residents of Rockingham County

- An average of 170,904 Rockingham County residents of age 16 and over commuted to work.
- Among Rockingham County's working residents, 57.1 percent (97,503) commuted to a job in Rockingham County, while 17.8 percent (30,369) commuted to another New Hampshire county, and 25.2 percent (43,032) commuted out of state.
- Among Rockingham County residents who traveled to another New Hampshire county for work 62.2 percent commuted to Hillsborough County, 20.2 percent commuted to Strafford County, and 16.0 percent commuted to Merrimack County.
- Of the 43,032 Rockingham County residents who traveled out of state for work, 90.7 percent commuted to Massachusetts, and 6.1 percent commuted to Maine.

Where Rockingham County Workers Live

Total commuters traveling to work	
in Rockingham County	166,069
Commuters who work and live in	
Rockingham County	97,503
Rockingham County workers commuting	
from residences outside the county:	68,566
Other New Hampshire counties	
Belknap County	730
Carroll County	736
Cheshire County	86
Coös County	41
Grafton County	81
Hillsborough County	17,625
Merrimack County	4,138
Strafford County	17,768
Sullivan County	116
Other states	
Connecticut	279
Maine	7,714
Massachusetts	18,327
New York	49
Rhode Island	34
Vermont	65
Other US states	777

Where Rockingham County Residents Work

Rockingham County residents		
commuting to work	170,904	
Residents commuting to work in		
Rockingham County	97,503	
Residents commuting to work out of		
Rockingham County:	73,401	
To other New Hampshire Counties:		
Belknap County	188	
Carroll County	76	
Cheshire County	8	
Coös County	25	
Grafton County	165	
Hillsborough County	18,889	
Merrimack County	4,872	
Strafford County	6,146	
Sullivan County	0	
To other States:		
Connecticut	122	
Maine	2,605	
Massachusetts	39,021	
New York	304	
Rhode Island	25	
Vermont	134	
Other US States	754	
To other countries/at sea	67	

Travel Time to Work

Workers 16 years and older who did not work at home

Mean Travel Time to Work: 30.5 minutes

11.5%	11.1%	12.0%	12.9%	7.7%	13.3%	9.3%	10.0%	12.2%			
less than 10	10 to 14	15 to 19	20 to 24	25 to 29	30 to 34	35 to 44	45 to 59	60 or more			
travel time in minutes											

About the American Community Survey

The American Community Survey (ACS) is an ongoing survey conducted by the US Census Bureau, designed to provide more current data than available through a decennial Census. Commuting data were compiled from ACS survey responses gathered over a five-year period, from 2016 to 2020. Respondents were asked if they worked, where they worked, and how long it usually took for them to go from home to work, among other questions.

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